

Workmentor

A training pack for mentors in the workplace

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PART 1 - What is Mentoring?

Purpose of the unit

Aim

The aim is to introduce the process and concept of mentoring and how it can be applied in the workplace.

The objectives

At the end of the module the participant will be able to:

- Define mentoring.
- Describe the benefits of mentoring to the employer, the learner and institution.
- Compare and distinguish the act of mentoring from other training methods.
- Identify the barriers to mentoring in the workplace.
- Recognise the limitations and boundaries within which the participants need to operate.
- Define the protocols and conditions necessary for a successful mentoring.
- Understand the importance of an agreed framework within which the mentoring relationship will take place.